SAME DAY GP PRACTICE APPOINTMENTS

Symptoms & Signs

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| * Blood in motions or rectal bleeding (not unwell with it) * Blood in urine or vaginal bleeding (not unwell with it) * Blood in sputum or vomit (not unwell with it) * Uncontrolled blood sugars (highs and/or lows) * High Blood Pressure ≥180/110 * Palpitations (not unwell with it) * Persistent vomiting and diarrhoea (more than 3 days) * Chesty cough and/or wheeze * Breathing issues with no features as per BLUE LIST * Mild chest pain with no features as per BLUE LIST * Uncontrolled pain (any source) * Suicidal thoughts or self-harm * Severe anxiety or depression symptoms * New psychotic symptoms (hallucinations, abnormal thoughts (suspicious/paranoia) * Abdominal pain * Dizziness/unsteadiness/falls * Worsening confusion * Non-resolving headaches |
| * Same day appointment should be prioritised for patients with these symptoms and signs as opposed to care navigating to community services (AMBER LIST) * Children <2 years of age to be dealt with within the practice as opposed to being sent to UTC if no appointments available on the day (duty clinician to deal with) * Children 2-5 years to be signposted to the duty clinician * Any features as per BLUE LIST then send to A&E/call 999 * Book in with GP/ANP/ACP/MSK/Pharmacist- whoever is most appropriate * Can be telephone/F2F/Home Visit- whichever is most appropriate * Utilise the CHCP Rapid Response Service if appropriate (clinicians to do) * Signpost to 111 if no clinicians on site or if reached maximum capacity (discuss with duty doctor re capacity) |

\*If in doubt- speak immediately to your duty clinician/team\*